Ruhuha: Kurandura Malariya bizagerwaho biturutse ku bushakashatsi

Dr Mutesa Leon ukuriye ubushakashatsi ku ndwara ya Malariya, mu murenge wa Ruhuha (Foto: N. Nkusi Diane)

Nikuze Nkusi Diane

Iyi gahunda yo kurandura Malariya mu Murenge wa Ruhuha mu Karere ka Bugesera mu Ntara y'Iburasirazuba, yatangajwe mu byavuye mu cyiciro cya mbere cy'ubushakashatsi ku ndwara ya Malariya bwatangiye gukorwa mu mwaka wa 2012 muri Nzeli, ku bufatanye na Minisiteri y'ubuzima hamwe n'umuryango w'ubushakashatsi wo mu gihugu cy'u Buholandi " WOTRO science for global Development" utera inkunga y'amafaranga iyi gahunda.

Ubu bushakashatsi buzamara igihe cy'imyaka 4 bukaba bukorwa n'abanyeshuri 4 b'Abanyarwanda bari gukbrera impamyabumenyi y'ikirenga (PHD) muri Kaminuza 4 zitandukanye zo mu gihugu cy'u Buholande.

Dr Mutesa Leon wigisha muri kaminuza y'u Rwanda akaba ariwe uhagarariye iyi gahunda y'ubushakashatsi, yatangarije Imvaho Nshya ko ubu bushakashatsi bukorwa mu nk'ubuhinzi bw'umuceri bishobora kugira uruhare mu kongera ikwirakwizwa rya Malariya ndetse n'uko umusaruro uvamo wakoreshwa mu kuyirwanya.

Dr Mutesa akaba yatangaje ko Ruhuha ariyo yatoranyijwe gukorerwamo ubushakashatsi ngo kuko byagaragaye ko mu Karere ka Bugesera dore ko iri mu Turere 3 twiganjemo Malariya (utundi turere ni Gisagara na Nyagatare) indwara ya Malariya ikiri ku gipimo cyo hejuru cyane ugereranyije n'ingufu leta ishyiramo mu kuyirwanya, akaba ari muri urwo rwego ubushakashatsi bugamije gushishikariza abaturage bo muri uyu Murenge wa Ruhuha, gufata ingamba zihamye zo kuyirandura hashingiwe ku makuru yizewe aturuka muri ubu bushakashatsi.

Nk'uko Dr Mutesa yakomeje abitangaza ngo uyu mushinga w'ubushakashatsi wamaze kwinjira muri gahunda rusange yo kurwanya Malariya ndetse no mu igenamigambi ry'ibikorwa birambye rya Minisiteri y'ubuzi-

Umukandara ufashe utera uburwayi

NIKUZE NKUSI DIANE

Kwambara umukandara bikagera aho umuntu yumva yihambiriye cyane si byiza kuko bigira ingaruka, ndetse bikaba bishobora no gutera indwara ya kanseri y'umuhogo.

Amakuru yashyizwe ahagaragara n'urubuga rwa interineti rwa www.nhs.uk aravuga ko ubushakashatsi bugaragaza ko iyo umuntu yambaye umukandara akageza aho yumva ababara mu rukenyerero biteza ikibazo cyo gutuma igifu kirekura aside (acid reflux) izamuka ikagera ku muhogo bikaba byatera kurwaramo kanseri.

Ubwo burwayi ngo bukunze kugera ku bantu bambara imikandara miremire, kuko aribwo usanga umuntu agerageza kuwukurura ngo awiyegereze kandi yumve ko umwenda umufashe neza.

Nta mubare washyizwe ahagaragara w'abantu bamaze

K atisha umukandara cyane ni ibyo kwirindwa kuko b ra ind

Kuryama ku manywa k munsi y'imyaka 6 ni ng

NIKUZE NKUSI DIANE

Abana bafite imyaka iri munsi y'itandatu, baba bakwiriye kuryamishwa ku manywa, kuko bibafasha kuruhura ubwonko bwabo bityo abatangiye kwiga bigatuma imyigire yabo igenda neza.

Amakuru yashyizwe ku mugaragaro n'urubuga rwa interineti